



# BE READY FOR BABY.

Get a breast pump at no additional cost.

Did you know that breastmilk is the only food your baby needs for the first six months? Health care providers advise breastfeeding for one year or longer, but your baby benefits from any amount of breastfeeding you can do. Pumping breastmilk can help you provide milk for your baby when you're apart. You may also want to use a pump if your baby is unable to feed at the breast.

## Your Cigna medical plan includes coverage for a breast pump.

Once you reach the 28th week of pregnancy, you can qualify for a breast pump at no additional cost through one of our many approved breast pump providers.

### To order your breast pump, contact one of the providers listed below.\*

PROVIDER	WEBSITE	PHONE NUMBER
AdaptHealth (formerly McKesson)	<a href="https://pcs.adapthealth.com/ourbreastpumps">https://pcs.adapthealth.com/ourbreastpumps</a>	1.844.993.3740
Aeroflow	<a href="https://aeroflowbreastpumps.com">https://aeroflowbreastpumps.com</a>	1.844.867.9890
Edgepark	<a href="https://www.edgepark.com">https://www.edgepark.com</a>	1.855.504.2099
Healthy Baby Essentials	<a href="https://www.breastpumps.com">https://www.breastpumps.com</a>	1.888.495.7491
Medline Industries	<a href="https://www.medline.com">https://www.medline.com</a>	1.800.633.5463
Yummy Mummy	<a href="https://www.yummymummystore.com">https://www.yummymummystore.com</a>	1.212.879.8669
Pumping Essentials	<a href="https://pumpingessentials.com">https://pumpingessentials.com</a>	1.866.688.4203

- › BayCare is the *only provider* who coordinates breast pump services for residents in the following Florida counties: Hillsborough, Pasco or Pinella. Please call **1.800.940-5151** or fax **1.800.676-3127** to order your pump.
- › You don't need a prescription, unless you are ordering a hospital grade pump.
- › A starter kit is included at no cost, but you will have the option to purchase upgrades and accessories at a Cigna discounted rate.
- › Breast pumps are usually delivered within two weeks of receiving all documentation.

Together, all the way.®



\* Not all providers provide pumps in all states.

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