

Holistic Care Beyond the Four Walls of the Clinic



Meet Kindbody360

We believe that everyone deserves dynamic and integrative healthcare. Our care continuum provides holistic support throughout every phase of the family-building journey and beyond. This includes general wellness, support for those trying to conceive, pre and postpartum care, menopause support, and more. Our robust network of providers offer care both in-clinic and virtually.

Support that Goes Beyond the Treatment Plan

Supporting your emotional, mental, and physical health is an essential part of your journey at Kindbody. Our goal is to provide the best possible full-spectrum fertility and family-building care every step of the way.

- Comprehensive care that provides holistic support from pre to postpartum
- High-quality holistic providers, coaches, and therapists carefully curated for your workforce
- Seamless online scheduling with virtual and in-clinic access

Integrative Dynamic Care

- Trying to conceive
- Surrogacy, donor, and adoption
- Postpartum support
- Mental health support
- Mindfulness and Eastern medicine
- Men's health
- Pregnancy care
- Menopause care
- Wellness and nutrition
- Somatic (movement) therapy

How to Get Started with Kindbody

- 1 Visit kindbody.com/activate and create a Kindbody account using any email address
- 2 Confirm eligibility by entering your **Access Code** and **Unique ID**

Access Codes:

 - If you only covered yourself on the HDHP plan, use access code: **KINDSPRINKLR1**
 - If you cover additional individuals on the HDHP plan, use access code: **KINDSPRINKLR2**
 - If you are enrolled on the Cigna EPO/PPO Plan, use access code: **KINDSPRINKLR3**

Unique ID:

 - Your Unique ID is your Workday employee ID number
 - Spouses/partners should use the Workday employee ID with an "S" at the end
 - For example, if you are the employee your Unique ID will be **ABC123**, your spouse/partner's Unique ID will be **ABC123S**
- 3 Book a consult and **start your Kindbody journey**

For more information, or if you have any questions, email
employeebenefits@kindbody.com
 1:1 Concierge Support 555-946-0204 | kindbody.com/activate

How to Schedule an Appointment

If you are located within the United States, follow the steps below. If you are located outside of the United States, call the phone number listed on page 2 to schedule your appointment.

- Log in to the Kindbody portal at portal.kindbody.com
- On the portal dashboard, click on “book an appointment”

The screenshot shows three panels from the Kindbody portal dashboard. The first panel, 'Baby Prep Program', features a person icon and text explaining the program's purpose and providing links for 'Pregnancy prep introduction', 'Pregnancy prep first trimester', and 'Pregnancy prep second trimester'. The second panel, 'Book your next appointment', includes a calendar icon, a list of services (Fertility, Gynecological, and Therapeutic), and a prominent 'BOOK AN APPOINTMENT' button circled in yellow. The third panel, 'My Benefit Coverage', lists various fertility and medical services covered by the plan.

- Click on “all other services”



What services can we help you with?

Three rectangular buttons with icons and text: 'Fertility' (hand icon), 'Gynecology' (hand holding plant icon), and 'All Other Services' (apple icon). The 'All Other Services' button is circled in yellow.

- Select overall wellness and book the holistic appointment of your choice

The screenshot shows a selection screen titled 'I am seeking support with...' with an apple icon. Below the title are three stacked buttons: 'Fertility & Family Building', 'Pregnancy & Beyond', and 'Overall Wellness'. The 'Overall Wellness' button is circled in yellow.

For more information, or if you have any questions, email employeebenefits@kindbody.com
1:1 Concierge Support 555-946-0204 | kindbody.com/activate