Active&Fit DIRECT™

cigna healthcare

THE FITNESS PROGRAM WITH EVERYTHING

- **Top-brand gym options** for just $28/mo., plus 20%-70% off premium exercise studios[1]
- **Bundle gyms and save $$**[2]
- **No long-term contracts**—switch gyms or cancel with ease
- **Create a free account** to get 14,000+ at-home workout videos

STANDARD FITNESS MEMBERSHIP
$28/mo.
12,700+ FITNESS CENTERS
Active&Fit DIRECT™

12,700+ Standard Gyms
LA FITNESS · CRUNCH · 24 HOUR FITNESS · EOS FITNESS · ANYTIME FITNESS · snap 24/7 fitness · + More

9,800+ Premium Gyms
STRETCH LAB · FIT4MOM · CLUB PILATES · F45 TRAINING · RUMBLE · pure barre · + More

Learn More: https://discoverhealthyrewards.sites.cigna.com

[1] Plus applicable enrollment fees and taxes. Costs for premium exercise studios exceed $28/mo. plus applicable enrollment fees and taxes. Fees vary based on premium exercise studios selected.

[2] Members may purchase multiple standard and premium gym memberships with a $5 discount off the monthly fee for each membership purchased after their first.

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